



RUMSON-FAIR HAVEN ROWING FOUNDATION

P. O. Box 96 • Rumson, NJ 07760

REGISTRATION FORM - SPRING 2012 SEASON

- RFH Crew is an independent crew club for serious and competitive athletes, who must be students at Rumson-Fair Haven Regional High School
- RFH Crew is accepting registrations for the Spring 2012 season and is anticipating another exciting season with plans to attend 5 or 6 regattas
- RFH Crew conducts its water practices from Fair Haven Yacht Works located at the end of deNormandie Avenue in Fair Haven
- Spring practice sessions will begin in mid-March, with the season concluding in late May; practices are scheduled for weekday afternoons, and a detailed practice schedule will be issued once we get closer to the season start
- RFH Crew has added 2 new members to its coaching staff, and now has 4 coaches with collegiate rowing experience
- All participants must be a current member of US Rowing; if you have not yet joined or need to renew your membership, go to US Rowing's website to sign-up: www.usrowing.org
- All participants a) must submit physical exam & medical treatment authorization forms (downloadable from the www.rfhcrew.com website) and b) complete a swim test (if not previously tested; for swim team members, a signed coach's note will be accepted)
- Please complete the form below and return it with the Registration Fee no later than Wednesday, February 15th to RFH Crew, P.O. Box 96, Rumson

Registration Fee: \$450.00 (regatta registration fees included)

Athlete Information

Name: _____ Birth Date: ____/____/____
Address: _____ Grade: _____
City, State, Zip: _____ Height: _____
Home Phone: _____ Weight: _____
Cell Phone: _____ Gender: _____
E-mail Address: _____

Parent/Guardian Information

Name(s): _____
Cell Phone (mother): _____ E-mail Address (mother): _____
Cell Phone (father): _____ E-mail Address (father): _____

- Checks should be made payable to: RFH CREW
- If you have any questions, please feel free to contact Bill Quirk (732) 842-7142

www.rfhcrew.com